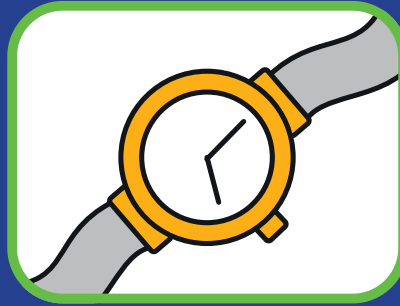


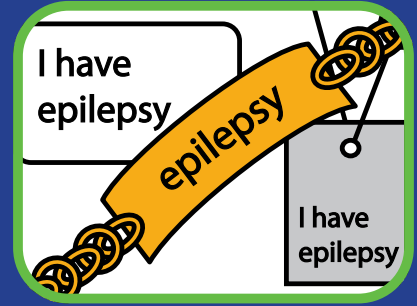
First Aid For Tonic Clonic Seizures

Convulsive seizures where the body stiffens (tonic phase) followed by general muscle jerking (clonic phase)

TIME

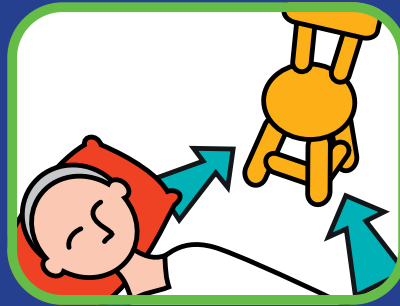


Time the seizure

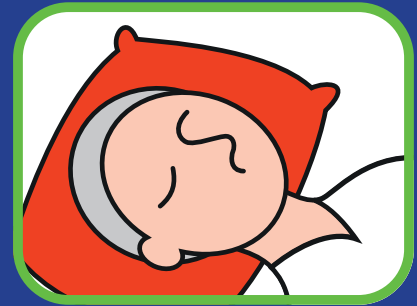


Check for Epilepsy I.D.

SAFE



Remove any harmful objects



Cushion the head



DON'T put anything into the person's mouth

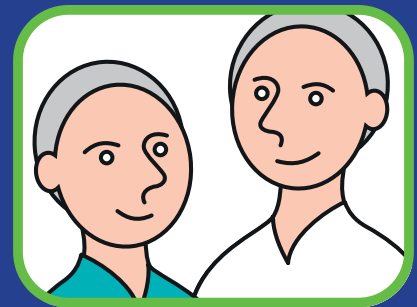


DON'T restrain the person unless in danger

STAY



Place the person into the recovery position when the seizure ends



Stay with the person until the seizure ends and offer assistance

WHEN TO CALL AN AMBULANCE

- If the seizure is longer than 5 minutes
- If the person is injured
- If one seizure follows another without stopping
- If you are in any doubt
- If you know it is the person's first seizure



First Aid for Focal Impaired Awareness (Complex Partial) Seizures

Non-convulsive seizures in which awareness is affected but consciousness is not lost

KNOW THE SIGNS



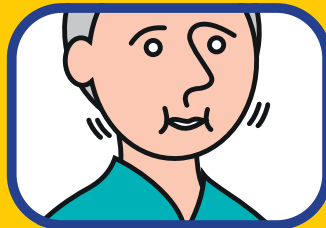
Wandering aimlessly



Fidgeting with clothing



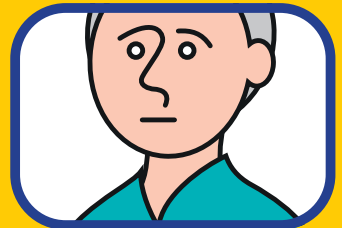
Agitated behaviour



Chewing & smacking of lips

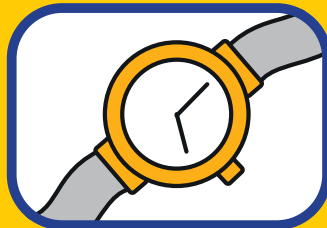


Confused or slurred speech



Staring trance-like

TIME



DO time the seizure

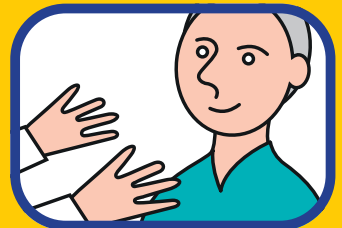
SAFE



DON'T restrain or grab

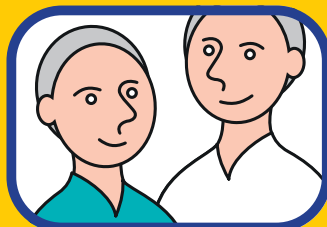


DO guide gently
from danger

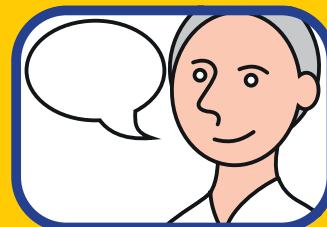


DO calmly reassure

STAY



DO stay until seizure
ends



DO explain what
happened

WHEN TO CALL AN AMBULANCE

- If the seizure is longer than 5 minutes
- If one seizure follows another without stopping
- If you know it is the person's first seizure
- If the person is injured
- If you are in any doubt

