



# First Aid for Complex Partial (focal) seizures including temporal lobe seizures

<Non-convulsive seizures in which awareness is affected but consciousness is not lost>

## KNOW THE SIGNS



Wandering aimlessly



Fidgeting with clothing



Agitated behaviour



Chewing & smacking of lips

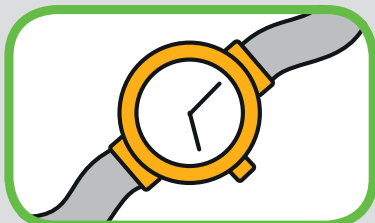


Confused or slurred speech



Staring trance-like

## KNOW WHAT TO DO



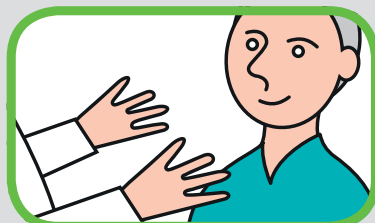
DO time the seizure



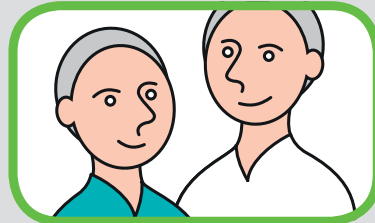
Don't restrain or grab



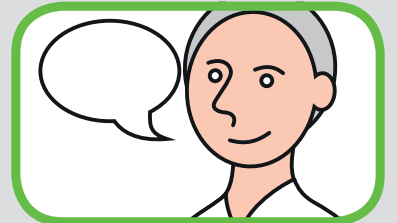
DO guide gently from danger



DO calmly reassure



Do stay until seizure ends



Do explain what happened



## When to call an ambulance

- If the seizure is longer than 5 minutes
- If the person has more than one seizure
- If you know it is the person's first seizure
- If the person is injured
- If you are in any doubt



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