First Aid for Complex Partial (focal) seizures

including temporal lobe seizures

Non-convulsive seizures in which awareness is affected but consciousness is not lost

KNOW THE SIGNS



Wandering aimlessly



Chewing & smacking of lips

KNOW WHAT TO DO



Fidgeting with clothing



Confused or slurred speech



Agitated behaviour



Staring trance-like



DO time the seizure



DON'T restrain or grab



DO calmly reassure



DO stay until seizure ends



DO guide gently from danger



DO explain what happened



249 Crumlin Road, Dublin 12. T: 01 4557500. info@epilepsy.ie www.epilepsy.ie facebook.com/epilepsy.ie @epilepsyireland



When to call an ambulance
If the seizure is longer than 5 minutes
If the person has more than one seizure
If you know it is the person's first seizure
If the person is injured
If you are in any doubt