## **First Aid for Complex Partial (focal) seizures**

## including temporal lobe seizures

Non-convulsive seizures in which awareness is affected but consciousness is not lost

## **KNOW THE SIGNS**



Wandering aimlessly



Chewing & smacking of lips

## **KNOW WHAT TO DO**



**Fidgeting with clothing** 



Confused or slurred speech



**Agitated behaviour** 



Staring trance-like



**DO** time the seizure



**DON'T** restrain or grab



**DO** calmly reassure



DO stay until seizure ends



DO guide gently from danger



DO explain what happened



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When to call an ambulance
If the seizure is longer than 5 minutes
If the person has more than one seizure
If you know it is the person's first seizure
If the person is injured
If you are in any doubt