

RESOURCES FOR WOMEN WITH EPILEPSY FROM PRECONCEPTION (BEFORE PREGNANCY) TO POSTPARTUM (AFTER PREGNANCY)

There is lots of information online and it can be hard to decide if this information is trustworthy. This table provides a list of available resources and their overall quality for women with epilepsy from preconception to postpartum. Please follow the link to this academic paper, [available here](#) for more information regarding how this table was developed.

Just click on the **RESOURCE NAME** to access the information

RESOURCE	DISCERN SCORE (15 – 75)	DISCERN RATING	OVERALL QUALITY SCORE (1-5)	TYPE	COUNTRY OF DEV.
Epilepsy Ireland	66.50	Excellent	5.00	Website	Ireland
Women with Epilepsy	65.75	Excellent	4.75	Website	UK
Epilepsy Foundation	66.00	Excellent	5.00	Video	USA
NHS	65.50	Excellent	5.00	Website	UK
Epilepsy Foundation	65.50	Excellent	4.50	Website	Int.
Royal College of Obstetrician & Gynaecologists	65.00	Excellent	4.00	Website	UK
Healthify	61.50	Good	4.50	Website	NZ
International Bureau of Epilepsy (IBE)	61.50	Good	4.00	Website	Int.
CURE Epilepsy	61.00	Good	4.50	Video	USA
Epilepsy Action	59.50	Good	4.50	Website	UK
NHS Royal Free London	58.50	Good	4.00	Website	UK
Penn Medicine	58.00	Good	4.50	Website	USA
The Kick Pregnancy Podcast	56.50	Good	4.00	Podcast	Australia
WedMD	54.50	Good	3.50	Website	USA
Epilepsygroup	52.50	Good	3.00	Video	USA
Epilepsy Society	52.00	Good	4.00	Website	UK
Epilepsy Foundation Australia	51.00	Good	4.00	Video	Australia
North Bristol NHS Trust	50.50	Fair	3.50	Video	UK
HealthyWomen	50.00	Fair	2.50	Video	USA
Brigham and Women's Hospital	49.50	Fair	3.50	Website	USA
Mayo Clinic	49.50	Fair	2.50	Website	USA
Mass General Brigham	49.00	Fair	2.50	Video	USA
UT South Western Medical Centre	47.50	Fair	3.50	Website	USA
Epilepsy Foundation (Australia)	45.00	Fair	3.00	Website	Australia
Torie Robinson - Epilepsy Sparks Insights	45.00	Fair	3.00	Video	UK
Epilepsy Ontario	44.00	Fair	3.00	Website	Canada
News4JAX The Local Station	43.50	Fair	2.50	Video	USA
Neurology Clinical Pearls	43.50	Fair	2.00	Podcast	USA
Inside Health (BBC Radio 4)	42.50	Fair	3.00	Podcast	UK
Swiss League Against Epilepsy	41.50	Fair	2.50	Video	Switzerland
The Defeating Epilepsy Foundation	41.00	Fair	2.00	Website	USA
Beaumont	38.50	Poor	3.50	Website	USA
Neurology Minute	37.50	Poor	2.50	Podcast	USA
Epilepsy Foundation New England	37.00	Poor	2.50	Website	USA
Dr O'Dwyer Gynaecologist	36.50	Poor	2.50	Website	Ireland
Healthtalk.org	34.50	Poor	1.50	Website	UK
VJ Neurology	32.50	Poor	2.00	Video	Int.
Familydoctor.org	32.00	Poor	2.00	Website	USA
WCBV Channel 5 Boston	32.00	Poor	1.50	Video	USA
Doctors' Circle World's Largest Health Platform	29.50	Poor	2.00	Video	India
Stanford Medicine Children's Health	29.50	Poor	1.50	Website	USA
University of Rochester Medical Center	27.00	Poor	1.50	Website	USA
Mount Sinai	26.50	Very Poor	1.50	Website	USA



The **DISCERN SCORE** helps you understand if a resource is seen as **RELIABLE**.

The scores go from 15-75, with **15 being the least reliable** (very poor) and **75 being the most reliable** (excellent)