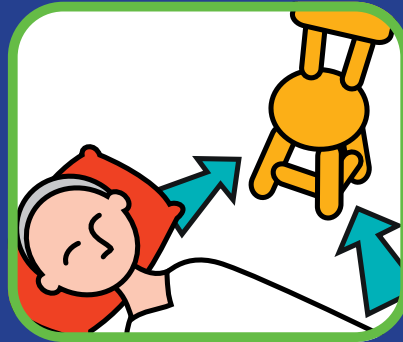


First Aid For Tonic Clonic Seizures

Convulsive seizures where the body stiffens (tonic phase) followed by general muscle jerking (clonic phase)



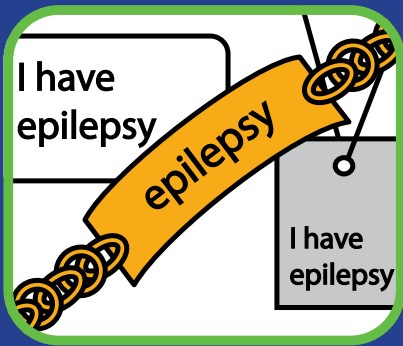
1. DO time the seizure



2. DO remove any harmful objects



3. DO cushion the head



4. DO look for Epilepsy I.D.



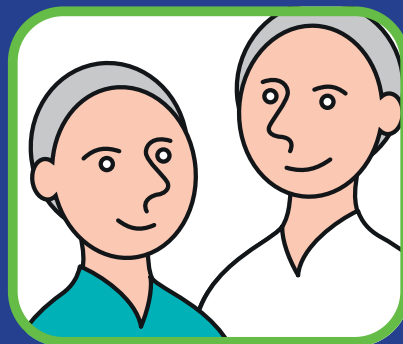
5. DON'T put anything into the person's mouth



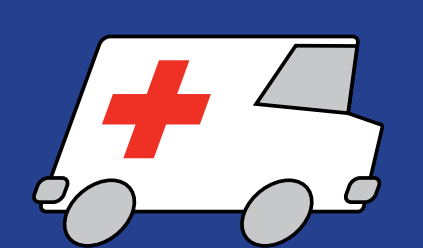
6. DON'T restrain the person unless in danger



7. DO Place the person into the recovery position when the seizure ends



8. DO stay with the person until the seizure ends and offer assistance



When to call an ambulance

- If the seizure is longer than 5 minutes
- If one seizure follows another without stopping
- If you know it is the person's first seizure
- If the person is injured
- If you are in any doubt

Focal Impaired Seizures

(Non-convulsive seizures with confusion, wandering, unusual behaviours. Previously called Complex Partial Seizures)

- Stay with the person
- Time the seizure
- Guide away from any danger
- Speak gently and calmly to reassure the person
- DON'T restrain the person unless in danger